

Information Sheet Doping Suspension

This list of the most important information for suspended athletes is not exhaustive and purely informative. The Swiss Olympic Doping Statute always takes precedence.

Validity of the Suspension

- **For all sports:** A suspension imposed in one sport is also recognized by other sports. This means that the practice of any activity in organized sports, i.e. in the member federations of Swiss Olympic and their clubs, is strictly prohibited for the duration of the suspension.
- **Für alle Länder:** A suspension imposed in one country is also recognized by other countries and is therefore valid worldwide. This means that the practice of any activity in organized sports is also strictly prohibited in other countries for the duration of the suspension.

Prohibition of Participation

An Athlete or other Person who is subject to a suspension or provisional suspension shall not participate in organized sport in any manner during such suspension or provisional suspension.

- **Competitions:** This means that the participation in international, national, regional or local competitions in organized sports or competitions of a professional league is not allowed.
- **Organized trainings:** This means that the participation in training activities with national or regional federation and/or associations or clubs is not allowed. This also includes all team trainings, training camps and other training sessions or training games.
- **Other activities:** This means that a suspended athlete or other suspended person may not work as a coach or trainer at any time or in any form during the suspension. The term "activity" includes, but is not limited to, administrative activities such as serving as a functionary, director, officer, employee or volunteer of the various organizations in organized sports.

Obligations during the Suspension

- **Doping Tests:** An athlete who is subject to a suspension is obliged to continue to submit to Testing at all times and in all places. Refusing, evading, or tampering with Sample collection constitutes an anti-doping rule violation.
- **Whereabouts:** An athlete who is subject to a suspension must continue to comply with the requirements of Swiss Sport Integrity or any other Anti-Doping Organization to provide whereabouts information. This means that the Whereabouts Filings must continue to be provided for the duration of the suspension.

Obligations upon return to sport

- **Education:** An athlete subject to a suspension must complete anti-doping education in accordance with the WADA International Standard for Education and Swiss Sport Integrity's policy before returning to sport. Detailed information and instructions will follow from Swiss Sport Integrity prior to the expiration of the suspension.
- **Return to Training:** An athlete subject to suspension may return to organized training or use the private facilities of a club or federation for the last two months of the suspension or the last quarter of the suspension imposed, whichever is shorter.